## Women's Bible Study Discussion Questions

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1.	Read all of chapter one. List out what you learn about living in a "manner worthy of the gospel" (v. 27). Read Colossians 1:9-12 for more insight.
2.	What is Paul's dilemma in verses 19-26? What does he mean by "gain" in verse 21?
3.	"For me to live is Christ" (v. 21). Most Christians struggle to keep our focus on Christ as our only source of true life. What are ways that you need prayer to stay focused on faithfulness to Jesus? What distracts you from Him?
4.	How does Paul challenge the Philippians to reorient their thinking about suffering? How do you think this connects with living in a manner worthy of the gospel of Christ?
5.	Consider Paul's exhortation to "stand firm in one spirit" (v. 27). Why do you think a spirit of unity among Christians is crucial in times of suffering or in times of being opposed for our faith? Read John 17 and add some thoughts from this prayer of Jesus about why a spirit of unity is crucial.